

# Module 3: Individual Peacekeeping Personnel

## Lesson 3.12



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## Basic First Aid in the Field



# Relevance

- Timely medical emergency response important for survival
- First Aid is applicable to everyday life



# Learning Outcomes

Learners will:

- Define Basic First Aid
- Explain actions to take as first responder to a medical emergency
- Describe key First Aid responses



# Lesson Overview

1. Basic First Aid
2. The Chain of Survival
3. First One to Respond to a Medical Emergency
4. Actions Before First Aid Response
5. Key First Aid Responses



# 1. What is Basic First Aid?

- **Immediate care** given to an injured or suddenly ill person
- Does **NOT** take the place of proper medical treatment
- Legal considerations – consent, trained personnel, peculiarities of the injured/ill person





## 2. The Chain of Survival

- In order for a person to survive:



**Early**  
Inform/Call for Help

**Early**  
First Aid/CPR  
**YOU**

**Early**  
Medical On Scene

**Early**  
Advanced Care  
(Hospital)



### 3. If You are the First to Respond to a Medical Emergency Incident...

- Remain calm, do not panic
- Assess situation
- First Aid – permission, implied consent
- Call for help
- Stabilize situation





## 4. Actions Before First Aid Response







## Scene Survey

- Hazards
- Cause
- Number of victims





# Initial Assessment

**A = Airway Open?**  
(Head-tilt/chin-lift)

**B = Breathing?**  
(Look, listen, feel)

**C = Circulation?**  
(Check for signs of circulation)





# Victim Assessment Sequence

If victim is  
**RESPONSIVE**

- Ask what injuries or difficulties
- Check and provide First Aid

If victim is  
**UNRESPONSIVE**

- Observe for obvious signs of injury or illness – check from head to toe
- Provide First Aid/CPR





## 5. Key First Aid Responses

<b>First Aid Responses to...</b>	Bleeding	Shock	Burns
Choking	Fractures and dislocation	Heart attack	Wounds
Amputation	Spinal injuries	Stroke	Bites and stings



# Summary of Key Messages

- First Aid
- Actions to take as first responder to a medical emergency
- Key First Aid responses



# Questions



# **Learning Activity**

## **Learning Evaluation**